

Yehuda Handelsman, MD, FACP, FACE

Yehuda Handelsman, MD, FACP, FACE, is an endocrinologist in solo practice in Tarzana, California; Medical Director and principal Investigator, Metabolic Institute of America; and Senior Scientific Consultant, Metabolic Endocrine Education Foundation.

Dr. Handelsman is Vice President of AACE and a Board member since 2002 he was Secretary/Treasurer of the American College of Endocrinology- and a Trustee for 2 years. AACE committees include: Diabetes algorithm-2009, Lipids Guidelines; Diabetes Guidelines; RoadMap for treating diabetes; Insulin Pump Management; Chair, Initiative for Diabetes Education of PCP; Chair, AACE Diabetes Council; Advisor, Annual Meeting Program; Chair Compassionate Treatment of Lipodysrophy; Liaison, Amylin Initiative for Obesity and Diabetes; Member, ACE/AACE Funding Development; and Founder, Past President & Board Member of CalAACE.

Dr. Handelsman Co-Chaired the AACE 2001 Annual Meeting Program Committee and Insulin Resistance Syndrome Consensus Conference (2002); member, writing committees AACE Position Statement on PCOS (2004) & AACE/ACE Diabetes Outpatient Implementation Conference (2005); member, 2005 SMBG Consensus and 2007 Diabetes Guidelines; Liaison to ADA; and Co-chair ACE Consensus Conference and writing committee on Management of PreDiabetes. He also contributed actively to the AACE Bylaws which refined the elections process, providing accessible leadership positions.

Dr. Handelsman graduated summa cum laude from the University of the Pacific, California; obtained his MD at Tel Aviv University, Israel; completed his residency at New York Beekman Hospital- NYU, New York; and his fellowship in diabetes and endocrinology at USC, Los Angeles. He is a fellow with the American College of Endocrinology and the American College of Physicians.

Dr Handelsman is founder & Chair of the International Committee for Insulin Resistance and Chair and Program Director of the Annual World Congress on Insulin Resistance Syndrome (2003-09). Recently, he Chaired the Education Committee for the American Thyroid Association. He is Associate Editor of the "Journal of Diabetes," an International peer-reviewed journal based in China devoted to diabetes research, therapeutics, and education. Dr. Handelsman is on the editorial board of "Clinical Endocrine News," a reviewer for several publications and position papers, and guest editor of a special issue of the journal "Metabolic Syndrome and Related Disorders." He is a frequent lecturer, nationally and internationally, and is a recognized authority in the clinical presentation of insulin resistance, metabolic syndromes, pre diabetes, comprehensive approach to the treatment of diabetes, the brain gut connection and the prevention of cardiovascular disease.