

Jorge Plutzky, MD, is a preventive cardiologist who is board certified in internal medicine and in the subspecialty of cardiovascular disease. He is the Director of the Vascular Disease Prevention Program, which includes the Lipid/Prevention Clinic and BWH/Partners Premature Atherosclerosis Center, all at Brigham and Women's Hospital, a major teaching affiliate of Harvard Medical School. Dr. Plutzky is an Associate Professor of Medicine at Harvard Medical School. He also directs a basic science laboratory that investigates mechanisms contributing to the development of atherosclerosis in patients with various metabolic disorders, including diabetes. This work focuses on the transcriptional regulation of vascular responses through nuclear receptors like PPARs. Dr. Plutzky's expertise in the intersection of PPARs, dyslipidemia, atherosclerosis, and diabetes is widely renowned as evident in his role as one of four co-chairs of the International Lorenzini PPAR meeting; and is a member of the scientific organizing committee for the Annual World Congress on the Insulin Resistance Syndrome. Dr. Plutzky is a highly sought-after lecturer nationally and internationally. Widely published in these areas in both clinical and basic science journals, Dr. Plutzky and his laboratory have received several major research awards. Most recently he was awarded The Eugene Braunwald Teaching Awards for Excellence in the Teaching of Clinical Cardiology at the Brigham and Women's Hospital; and the Ernest Klenk Lectureship from the University of Cologne.

Dr. Plutzky is a Fellow of the American Heart Association, American College of Cardiology (ACC), the Society for Vascular Medicine and Biology, and a member of the American Society for Clinical Investigation, the American Diabetes Association (ADA), the ADA Scientific Sessions Planning Committee, and the National Lipid Association Northeast Chapter Board of Directors. He also serves as an Outside Reviewer for the National Heart Lung Blood Institute Program Project Grants and was previously on the Endocrine and Metabolic Drugs Advisory Committee of the Food and Drug Administration's Division of Endocrine and Metabolic Drug products. Dr. Plutzky is an active volunteer with the American Heart Association and the American Diabetes Association, is a member of the Basic Sciences Council, and the Clinical Lipidology and Thrombosis Committee.

Dr. Plutzky received his Bachelor of Arts degree With Highest Honors from the University of Virginia, Charlottesville, in 1981. In 1986, he received his MD from the University of North Carolina School of Medicine in Chapel Hill. He completed his internship, residency in internal medicine, and cardiology fellowship all at Brigham and Women's Hospital in Boston. He served as a Chief Medical Resident at West Roxbury Veteran's Administration Hospital. During this time, he also completed a research fellowship at the Massachusetts Institute of Technology.